



Website: <http://mayimshalom.us> // Message phone: 541.266.0470 // PO Box 307 Coquille, OR 97423

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מַיִם שְׁלוֹם

Mayim Shalom Congregation
Shabbat Rosh Hashanah High Holiday Services

Rabbi Jackie Brodsky

Tuvia Chai Cantoral Soloist

Schedule

All times are approximate and services that are most child friendly for ages 8 and over are at 1 to 3PM on Saturday (the Rosh Hashanah shofar and story service)

Friday, September 15, 2023

Harmony Methodist Church

123 Ocean Blvd, Coos Bay

- in the 'big' room -

Evening Services: 5:30 - 7:30pm [approx.]

An oneg will follow the service

Saturday, September 16, 2023

Harmony Methodist Church

123 Ocean Blvd, Coos Bay

- in our congregational room -

Afternoon Services: 1pm to 3pm [approx.]

Including spiritual Tashlich Ceremony

*This year our observances have been scheduled
With access considerations due to the
Coos Bay Area Festival*

PREPARATION FOR HIGH HOLIDAYS 2023-5784

During the upcoming High Holidays, known in Hebrew as Yamim Noraim, (the Days of Awe) which begin with Rosh Hashanah (this year September 15) and go through the end of Sukkot (Simchat Torah on Oct. 8 this year), covering a period of over three weeks (!), we experience so many things: joy, introspection, remembrance, grieving, learning, praying, reconnecting, making amends, etc. As Rabbi Tarfon said in Pirke Avot Ch.2 v. 20: The day is short, the task is great, the laborers are idle, and the wage is great, and the Master is urgent."

Fortunately, in order to help us achieve our tasks, our great sages in their wisdom also urged that we start actively preparing for this the month before the holidays, the month of Elul, which this year began Wednesday, August 16. So we are now in full swing with Elul!

Here are some teachings about the month of Elul:

~THE WORLDS DRAW CLOSER TOGETHER: During Elul and the Yamim Noraim the veils between the worlds become thinner and God meets us in the field (is closer to us) !

This drawing close of the worlds also enables us to talk with our ancestors, thus the tradition of visiting graves. And of course, this is our time to also connect and do forgiveness work with our living relatives and friends!

~TESHUVA: A central theme of the holidays is the opportunity for us to do "cheshbon hanefesh, an accounting of our souls, known as "teshuva" (Hebrew for "return") as we return to our truer, more holy natures by examining and repairing our souls. To achieve this we examine our hearts, minds, souls and bodies and our relationships to ourselves, others, God and the physical world as we seek forgiveness. We do this through prayer and connection with God, connection with ourselves and connections with others.

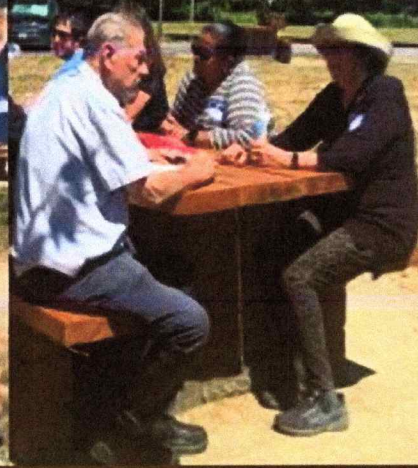
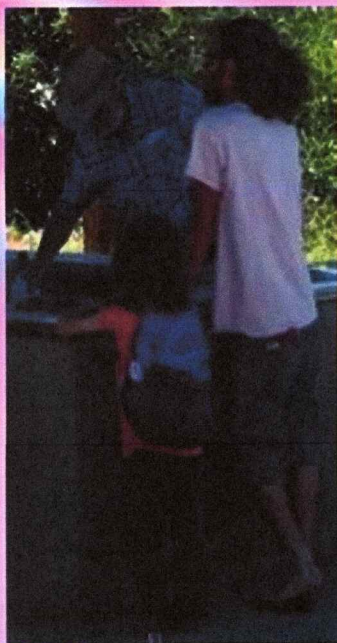
~SHOFAR: We blow the shofar every day of the month of Elul, as a way to awaken ourselves to the urgency of repentance and awaken God to hear our cries.

~READING PSALM 27: We recite Psalm 27 every day of Elul as a way of drawing closer to God through the beautiful and intimate words of King David.

~OUT OF TIME??? No worries! If we need more time for teshuva this year be reassured: Teshuva is one of the topics of our daily prayers, 3 times a day! But we do want to make a big push with it over these holidays.

A MARATHON!?! BTW I just found out that our services will be Friday evening Sept. 15 and then in the afternoon on Saturday the 16th....why the afternoon? Because there is a marathon in the city and we would not be able to get to our services in the morning. What a coincidence!!! Just as there is a marathon in the city, we will be on our marathon of soul-searching and celebration as we gather for Rosh Hashanah!!! Looking forward to seeing you all there!!! Rabbi Jackie

Rabbi Jacqueline Brodsky





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High Holidays Edition 5784 - Shana Tova!

We just love our congregational family!
Come join us as a new member!!!

Al and Arlene Schmitt
Bruce M Levy
Carl Siminow
Dahlia G Grossman
Deborah & Thomas Marsh
Deborah & Tye Gordon
Diana & David Harvey
Diane & Bruce Follansbee
Donna Rabin
Fred Abbe
Gilbert & Linda J Binder
Grant & Rae Lea Cousens
Ish-Shalom Family
Jeffrey G Friedman
Jim & Kathy DeNatale
Joan Morrison
Joanne Drapkin
John T Barton
Karen & Casey Cyris
Martin & Gerri Sher
Mary & Frank Whiting
Mary Ann Gerneigliaro-Emily Simon
Niahm Charles
Phyliss S Gabler
Reuven Hoffman
Robert L Fenton
Rosalie Greenfield
Sanford H & Christine L Skolnik
Stacy Rose & Gail Ebler
Stanley & Miriam Schiffman
Susan Terre Watkins
Sydell L& Eric R Wiesel
Tuvia Chai
Wolf D. Braun



Schmoozing & Mahjongg

MAHJONGG Why not!!!!????!!! MAHJONGG

Interested in learning how to play Mahjongg? Already know how to play and want to join a group? Joanne Moss and Diana Harvey are part of a Mahjongg group that meets weekly and they'd love to have you join.

Call either Joanne at 503-409-8059
or Diana at 503-490-7237.

"Well mannered women seldom make history."

"And... Jewish mothers are what history is all about!"

Dear Friends,



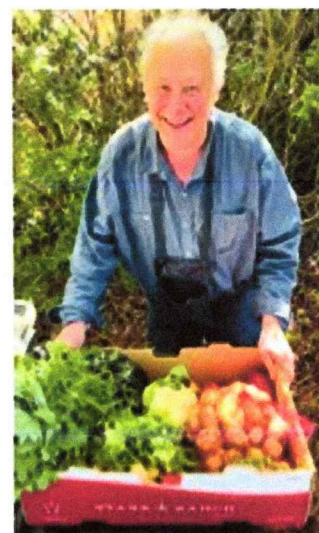
When retiring to the Oregon Coast, I was fortunate to meet up with Rabbi Jackie, Ross, and a wonderful bunch of folks. So glad to be a part of the Mayim Shalom family!

Thank you for the opportunity to have a 'go' at our 'schmooze news' bulletin... a chance to try something new and have fun with graphic arts and reporting things of interest to our community.

I also enjoy cooking up chicken soup and messing around in the kitchen... and throwing together 'lettuce' salads! Am passionate about music and have been a religious school music educator, youth congregation chaplain, camp song leader, and director of children's choirs that participated in large zimriot gatherings in the Midwest.

Everyone has a story to tell, so... 'lettuce' hear your story! Favorite recipes, travels, interests, talents, anecdotal stories, pictures, memories, & anything else! Please contact Tuvia at thernstein1@yahoo.com. Also 'lettuce' know of anything of interest you would like included in the 'Schmooze News!'

Wishing all a festive Rosh Hashanah... that you may you be inscribed for long life and good health!



Tuvia
מַיִם שְׁלוֹם
Schmooze News



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The 'Tale End' Page

Items of unique and fascinating interest!

We are blessed with the privilege of living on the Oregon Coast... and nothing says that like a walk on the beach... the sand, the wind, and the smell of the sea... when we marvel at God's creation... this is what it's all about!



Israel has raised the bar on the effort to combat global warming and is a world leader... deserts to forests, mass transit, recycling, and elimination of toxic gasses.

